

# 26 *Fun* GROUNDWORK EXERCISES

## YOU CAN **START TEACHING** YOUR HORSE **TODAY!**

SIDE PASS

PICK UP ALL FOUR  
FEET

YIELD  
HINDQUARTERS

LEARN TO SMILE

YIELD  
FOREQUARTERS

PICK YOU UP FROM  
THE FENCE

GROUND TIE

COME WHEN  
CALLED

WALK OVER A TARP

LUNGE WITH  
VERBAL  
COMMANDS

LOAD INTO A HORSE  
TRAILER

WALK OVER AN  
OBSTACLE

LINE UP WITH A  
MOUNTING BLOCK

PICK UP ALL FOUR  
FEET WITH  
MINIMAL CONTACT

STAND ON A  
PEDESTAL

CROSS A BRIDGE

WEAVE BETWEEN  
OBJECTS

BACKUP WITH  
LIGHT PRESSURE

SAY "NO"

SHAKE HANDS

DROP HEAD TO THE  
GROUND ON  
COMMAND

LEAD AT LIBERTY

CROSS WATER  
OBSTACLE

LEARN THE  
DIFFERENCE  
BETWEEN BUCKET  
COLORS

TAKE A BOW

LEARN TO BOB FOR  
APPLES

